











## Launch + Skills Event Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

### LEGEND

 Participant Workshop	 Parent Workshop	 Café
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-  Jan 7<sup>th</sup> – Café (5:00 – 6:30)
-  Jan 14<sup>th</sup> – Café (5:00 – 6:30)
-  Jan 21<sup>st</sup> – Café (5:00 – 6:30)
-  Jan 24<sup>th</sup> – Finding Your Adult Voice – Participant Workshop (6:30 – 8:00) @ The Ability Hub
-  Jan 28<sup>th</sup> – Parent Workshop (6:30 – 8:00) @ The Ability Hub
-  Jan 28<sup>th</sup> – Keeping it Chill: Managing Emotions – Participant Workshop (6:30 – 8:00) @ The Ability Hub
-  Jan 29<sup>th</sup> – Café (5:00 – 6:30)

**\*Dates and times are subject to change. Please check your email for up to date information.**

**Café locations/details will be emailed a few days prior to the event to all participants.**

## Launch + Skills Event Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	●	4	5	6	7	8
10	●	11	12	13	14	15
17		18	19	20	21	22
24	●	25	26	27	28	

### LEGEND

◆	Participant Workshop	■	Parent Workshop	●	Café
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- Feb 4<sup>th</sup> – Café (5:00 – 6:30)
- Feb 11<sup>th</sup> – Café (5:00 – 6:30)
- Feb 19<sup>th</sup> – Café (5:00 – 6:30)
- ◆ Feb 21<sup>st</sup> – An Apple A Day: Living a Healthy Life – Participant Workshop (6:30 – 8:00) @ The Ability Hub
- Feb 25<sup>th</sup> – Café (5:00 – 6:30)
- ◆ Feb 28<sup>th</sup> – Life Basic...Git ‘er Done! – Participant Workshop (6:30 – 8:00) @ The Ability Hub

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## Launch + Skills Event Calendar

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3	●	4	5	6	7	8
10	●	11	12	13	14	15
17	●	18	19	20	21	22
24	●	25	26	27	28	29
31						

### LEGEND

◆ Participant Workshop	■ Parent Workshop	● Café
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- Mar 4<sup>th</sup> – Café (5:00 – 6:30)
- Mar 6<sup>th</sup> – Parent Workshop (6:30 – 8:00) @ The Ability Hub
- ◆ Mar 6<sup>th</sup> – Plugging In: Connecting to Your Community – Participant Workshop (6:30 – 8:00) @ The Ability Hub
- Mar 11<sup>th</sup> – Café (5:00 – 6:30)
- Mar 18<sup>th</sup> – Café (5:00 – 6:30)
- Mar 25<sup>th</sup> – Café (5:00 – 6:30)
- ◆ Mar 26<sup>th</sup> – Bringing Your Future Into Focus – Participant Workshop (6:30 – 8:00) @ The Ability Hub

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