

Where will my child live when they cannot live with me?

- Housing options are determined by the uniqueness of each individual, the degree of support they require, and their financial resources. There are many different housing options to consider, and each family will need to decide on the option that is best suited to the needs of their child and best matches their financial circumstances.

Supported Housing Options

- **Semi-Independent Living:** Some degree of light support. Communal space for social interaction. Opportunity for individual growth and autonomous decision making.
- **Community Living:** Individual or shared units and communal support on site. It may be integrated with a seniors or similar supported living developments. Opportunity for intergenerational knowledge sharing and reciprocal support.
- **Supportive Roommates:** Provides overnight and daily support from apartments to houses. Opportunity for social interaction, paired with assistance.
- **Home Sharing:** Many families open their homes to those with disabilities, often providing 24/7 support. Offers an inclusive, shared, and welcoming environment with a family.
- **Community (Group) Home:** For those with more intense support requirements, the traditional group home (3-4 people) provides 24/7 support in a community setting with funding support from Persons with Developmental Disabilities (PDD).

Financial Resources

- The first consideration is funding (see Tip Sheet “Funding”). Some families have PDD funding and additional financial resources, but many others do not.
- Housing options will depend upon the family’s financial resources and any other financial support available (e.g., low-income housing options).

Action Steps

- Determine the needs and wishes of your family member with autism.
- Develop a realistic time line for when your child will leave home.
- Prepare for the transition out of the home by working on independent living skills such as housekeeping, meal preparation, hygiene/grooming, dressing, setting appointments, and managing their health.
- Consider experiment with different housing options (e.g., respite, living with other family members).
- Connect with other families for information and support:
 - **Aspires Housing Committee of Calgary** (regular meetings with featured speakers at The Ability Hub, 403.210.5000). sinneavefoundation.org/sinneave_work_item/aspires-housing-committee-calgary/

RESOURCES

The Resource Centre (a Sinneave Family Foundation initiative) does not endorse or guarantee the exhaustive, complete, accurate or up-to-date nature of information provided and does not assume any risk for the outcome of information or referrals provided.

Persons with Developmental Disabilities (PDD)

Provides a quick guide to accessing and receiving PDD.

Website: humanservices.alberta.ca/disability-services/pdd.html

Approved Regional Service Providers (Disability Services & Approved Service Providers)

Provides a list of agencies that offer a variety of housing options: supported independent living, support homes, overnight staffed residence, and in and out of home respite.

Website: humanservices.alberta.ca/disability-services/pdd-calgary-approved-service-providers.html

Safe Communities Opportunity and Resource Centre (The SCORCe)

The Safe Communities Opportunity and Resource Centre (SCORCe) is a multi-agency collaborative that connects people experiencing homelessness, or those at imminent risk of homelessness, to programs and services that can help to address the barriers to stable housing. The SCORCe will refer clients to affordable housing providers who are members of the collaborative. Client Services are provided on a walk-in basis only Monday-Friday: 9:00 a.m. – 4:30 p.m.

Address: 316 – 7 Ave SE, Calgary, AB T2G 0J2

Website: scorce.ca

The Calgary Affordable Housing Guide 2018

The City of Calgary Affordable Housing Guide is a resource for anyone who is looking for emergency shelters, short-term and transitional housing, and affordable housing in Calgary. It contains a comprehensive list of organizations and service providers who offer affordable housing (note: it is not a full list of housing providers).

Website: calgary.ca/CS/OLSH/Documents/Affordable-housing/Affordable-Housing-Guide-2018.pdf

Mustard Seed 1010

The Mustard Seed meets the immediate needs of those experiencing homelessness and poverty by providing emergency shelter, food, clothing, hot showers, and hygiene supplies. The Foothills Shelter has capacity for 370 adults every night. They offer transportation to and from the Downtown Support Centre, personal locker storage, meal service, and bagged lunches for those who are employed. The Downtown Support Centre offers a variety of services, including employment support, spiritual care, mailboxes, food, clothing, etc. Monday to Friday, from 9:00 a.m. – 7:00 p.m.

Downtown Support Centre:

Phone: 403.269.1319

Address: 102 11 Ave SE, Calgary, AB T2G 0X

Email: info@theseed.ca

Website: theseed.ca

Salvation Army

- **The Centre of Hope**

The Men's residential program provides safe accommodations for homeless men. Men share accommodations in short-term housing (to a maximum of 30 days). After short-term stay, men have the option of paying for a transitional (long-term) bed.

Phone: 403-410-1111

Website: salvationarmycalgary.org/residential.html

- **WISH (Women's Integrated Supportive Housing)**

The Women's residential program provides safe and secure accommodations for up to 23 homeless and displaced women. In a cottage-style residence, designed to feel like a home, clients share accommodations: transitional housing (long-term) clients are dual-occupancy rooms and women in emergency housing (short-term) share a multi-person dormitory.

Phone: 403-290-1552

Website: salvationarmycalgary.org/residential.html

Inn from the Cold

Provides families with instrumental needs for survival including shelter, nutritious food, clothing, medical care and access to education for children and their families.

Family Shelter: must have children in your custody. Both single men and/or women with children, as well as entire family are eligible. They also consider pregnant females in their 3rd trimester eligible, with or without, a partner.

Phone: 403-263-8384

Address: 110 11th Street SE (beside Mustard Seed), Calgary, AB

Email: info@innfromthecold.org

Government of Alberta

Emergency Financial Assistance

Financial assistance for unexpected emergencies is available through the Emergency Needs Allowance.

Website: alberta.ca/emergency-financial-assistance.aspx

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