

Video game **addiction** is real. A **tsunami** is coming that health professionals are not prepared for.

13% of teenagers report symptoms of a problem.

There are **9 warning signs** you need to watch out for.

Colleges are now offering **scholarships for gamers.**



CAM ADAIR
IS A LEADING
EXPERT AND
PIONEER ON
VIDEO GAME
ADDICTION

“Named one of Canada's Top 150 Leaders in Mental Health.” - CAMH

How Gaming and Social Media Are Designed to Keep Teenagers Hooked

An evening presentation for gamers, parents, teachers, and professionals

Almost all teenagers play video games regularly. It is critical to ensure they have a healthy and productive relationship with gaming, social media and technology.

Date: January 22, 2019

Time: 7pm—9pm

Location: Taylor Institute for Teaching and Learning, The University of Calgary

Cost: \$10

Register Now!

Video Game Addiction Masterclass

A workshop for professionals who work with teens and young adults with autism.

Cam Adair shares his personal journey of overcoming his addiction to the gaming world. He also takes an evidence-based approach to help you identify those at risk, how to communicate effectively with young people, and what the practical strategies are to help them succeed in recovery.

Date: January 23, 2019

Time: 10am—4pm (lunch included)

Location: The Ability Hub (#300, 3820—24 Avenue NW)

Cost: \$75

Register Now!