

INCLUSIVE HOUSING THROUGH AN AUTISM LENS



Sinneave
FAMILY FOUNDATION

Autistic adults experience the world differently than the general population and therefore housing needs to consider more than bricks and mortar.

A person centered approach to housing means that within each area of consideration there are “must-have” and “prefer-to-have” perspectives as well as other circumstances that are unique to an individual.

Person Centered Approach to Community Housing



Individual Considerations

- ➔ How are we ensuring that the individual has made or been supported to make their own decisions?
- ➔ What are the mental and physical health needs?
- ➔ What are the physical, emotional and social safety needs?
- ➔ What personal income is available and how stable is it?

Community and System Considerations

- ➔ What housing characteristics would make a location suitable for this individual? (i.e. sensory, safety, transportation, amenities, pets)
- ➔ What are the support needs; what is currently in place (natural and paid); what are the sources (and flexibility) of funding for supports?
- ➔ How can community support relationships and connection?

Enablers

- ➔ Where are skills strengths and gaps?
- ➔ How can technology and other tools support sustained independence?
- ➔ Who are the people and organizations that can help support this journey?

A connected network of individuals, families, housing builders, housing providers, support providers, the broader community, and policy makers all need to work together to influence, impact, and improve housing successes for autistic adults.

Sinneave’s success working with individuals, housing and support providers, as well as over 200 stories from Autistic adults, families, care providers, and service agencies collected by the **Housing Through an Autism Lens Solutions Lab**, informed the elements of inclusive housing.

