Help create new resources to educate and support people close to autistic youth!

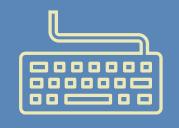








You will be invited to one interview and two focus groups - all online! You will also complete a survey.





All ways of communicating are welcome (e.g., typing, augmentative and alternative communication (AAC), speaking)

> This research is led by autistic team members!

We are inviting three groups of people to co-create a new, neurodiversity-affirming approach to communication support for autistic youth:

- 1. Autistic youth (ages 15-24)
- 2. People close to autistic youth (e.g., parents, siblings, friends)
- 3. Speech-language pathologists



Building Relationships through Inclusive co-Design to Guide Effective Communication Partner Training

Interested in participating or want to learn more?

Email: bridge25@mcmaster.ca Phone: 905-525-9140 ext. 22299 @bridgecpt_study



Who can participate?

Autistic youth: You identify as autistic, are aged 15-24, and can think of at least one person you feel close to and communicate with often.

People close to autistic youth (e.g., parents, siblings, close friends): You can think of at least one autistic youth you feel close to and communicate with often in real time (i.e., in person, Zoom/Facetime).

Speech-language pathologists: You are a licensed speech-language pathologist who supports autistic youth (ages 15-24).

You also need to live in Canada to participate.









Building Relationships through Inclusive co-Design to Guide Effective Communication Partner Training

Why are we doing this study?

To understand what autistic youth and other groups think is important for supportive and successful communication. We hope to co-create resources for a communication partner training (CPT) program. CPT teaches other people how to support autistic youth, rather than focusing on autistic youth changing their behaviour.



About our study team

Our study team includes five autistic people from various backgrounds as well as non-autistic people. Our team decided together on the study questions and how to support participants. Our team will continue to work together during the study.



What can I expect if I decide to participate?

All parts of the study are online. First, we will ask you demographic questions (e.g., age, gender, ethnicity). Then you will be invited to 3 sessions and compensated for each one you participate in:

- 1. A one-on-one, 30-60 minute interview to learn about your communication experiences and perspectives.
- 2. A small co-design focus group to create content and resources for a communication partner training (CPT) program (2 hours).
- 3. A final co-design focus group where you will share what your small group created and provide feedback on what other focus groups create (2 hours). We will also send you an online survey to learn about your experience in study.

Please communicate however is best for you - you can speak out loud, write in the chat, and/or use augmentative and alternative communication (e.g., iPads, communication boards, gestures).

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